

MALDON COURT

Summer Term 2021

Weekly Newsletter

25th June 2021

DATES FOR THE DIARY

Please check the school diary on the website.

MONDAY 28th JUNE Whole School Panoramic Photograph

WEDNESDAY 30th JUNE KSI 3 Tee's Cricket Match 9.45 - 10.45am

MONDAY 5th JULY Transition Day Form 6 - School Trip to the Promenade park

TUESDAY 6th JULY Virtual PGL Parent Meeting 2pm Whole School Fun Day

WEDNESDAY 7th JULY

Pre-Reception and Reception PE at the Astro 9.45 – 10.45am

THURSDAY 8th JULY

Forms 5 and 6 Interhouse Hockey and Rugby Tournament 1.00 - 3.00pm

FRIDAY 9th JULY Nursery Teddy Bears Picnic

Forms 3 & 4 School Trip Nuclear Races Pre-Reception and Reception School Trip to the Petting Zoo Academic Reports to Parents



Maldon Court wishes Miguel Kitasoboka, Elodie Beckett, Rose Jones, Lottie Lamont, Jack Gower, Ruby Procter, Tate Jacob and Pip Cowell a very Happy Birthday



Dear Parents,

This week Maldon Court staff and pupils have participated in World Wellbeing week. Although we always strive for academic excellence for each and every child and ensure that everyone reaches their full potential by the time they leave the school, it is equally as important to us that we look after the children's emotional and mental wellbeing. This has always been a priority for us. We are proud of our kind and caring ethos at the school, where we all treat each other how we would like to be treated ourselves. We teach the children about kindness, manners and respect and this is emulated throughout the whole school community. Every day this week the children have all taken part in some lovely wellness activities both in class and in Wellness Club. In Wellness Club the children talked about their star qualities, completed a kind and unkind sorting activity, enjoyed giving and receiving a head and shoulder massage which the children found very soothing and they also enjoyed some simple Yoga and mindfulness games. The children have really enjoyed the activities and have undertaken every activity with maturity and diligence.

This week we had another residential trip and this time it was our Form 4 trip to Danbury Outdoors. The children participated in so many fun activities including aerial trekking, zip wires, obstacle courses and bushcraft. The children had the most fantastic time and further details appear later in the newsletter.

Next week, we are thrilled to be able to invite FI and 2 parents to spectate at the 3 Tee's Cricket match at the Astro. It will be wonderful to welcome parents and I know that it will be a fantastic morning.

Finally, welcome to Rosie Kirby, sister of Harper, who started in our Nursery this week.

HEADTEACHER'S AWARD - Congratulations to Isabelle Procter in Form 3 who won the award this week for her bravery and being kind.

NURSERY - We were very pleased to be back in Nursery for the second part of our topic: SummerHolidays and Days Out. The children enjoyed creating a Beach Café in the Role Play Zone, enjoying their pretend play by making ice creams and sandwiches for each other. We also learnt how to play beach volleyball and a range of other beach ball games. The children enjoyed a range of activities to support Wellbeing Week and particularly loved giving each other 'friendship' tokens. Next week our topic is Farming. For optional homework please create a picture of your favourite farm animal.



PRE-RECEPTION - This week in Pre-Reception our topic has been 'Paddington Around the World'. We have been painting our own planet Earth thinking about what the different colours show and mean. Pre-Reception have also created their own Paddington passport and packed our suitcase with things we might need ready for our upcoming Petting Zoo trip.

As part as wellness week, we have engaged in a kindness potion making activity adding different emotions and actions to our potion such as laughter, cuddles, smiles, sharing, helpfulness to our potion jar. We also thought about what makes us happy and created a brainstorm sheet. Mrs Kennedy, Mrs Summerskill and Miss Washbourne



RECEPTION - Reception have enjoyed taking part in a range of wellness activities this week. At the beginning of the week, we enjoyed yoga and meditation. We focussed on our breathing and commented on how calm and relaxed we felt afterwards. We also had a circle time about kindness and how we can show kindness to others. We discussed how it is important to use kind words. We demonstrated the importance of using kind words by saying unkind things to a paper heart. Each time we said something unkind, we scrunched up our paper. We said sorry to our hearts but noticed that the heart still had creases from the unkind things we had said. We all commented on how important it was to say kind things to others and discussed other ways to be a good friend. *Miss Wayman*





Maldon Court Preparatory School, Silver Street, Maldon Essex CM9 4QE Tel 01621 853529 email enquiries@maldoncourtschool.org Web maldoncourtschool.org **FORM 4 DANBURY OUTDOORS** - Form 4 have had a wonderful start to their week, as visited Essex Danbury Outdoors centre for their residential school trip this year.

The first day started off with the children taking part in 2 activities: zip wire and aerial trekking. First, Form 4 met their instructors and then quickly learned how to harness themselves up and put on their helmets so that they were ready for action. Next, the children made the 12m climb to the top of the 'Zip Wire' tower and prepared to take the next 100m descent back down to the ground. All children were determined to get stuck in straight away and showed great bravery in facing their fears.

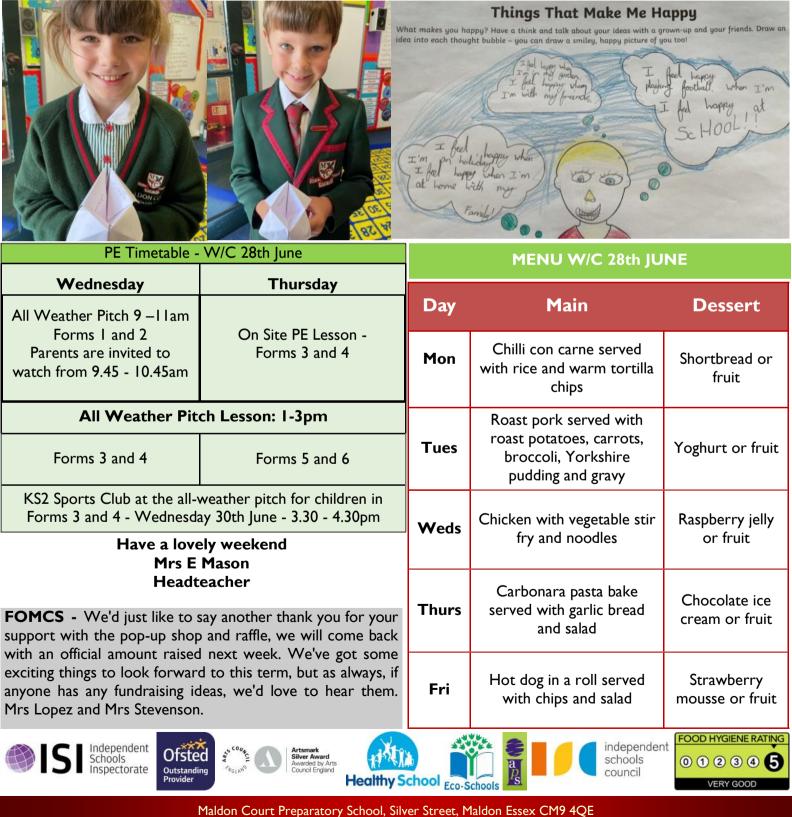
Aerial Trekking consisted of the children tackling an obstacle course that was suspended between 8-12m above the ground. The course was extremely challenging and Form 4 had to use their teamwork skills to help each other get round the course carefully and safely.

Day 2 entailed 2 more fun and exciting activities: bush craft and obstacle course. The first activity, bush craft, included learning how to make a successful shelter and then learning how to make fire. The obstacle course was the next activity on the agenda, however, this course was not your 'everyday' obstacle course. The course consisted of tyre racks, high climbs, a seesaw, a net trail, an extraordinary vertical tunnel challenge and much more. Form 4 loved working together to tackle the various activities and enjoyed the additional challenge of 'boys v girls'. The children also thoroughly enjoyed the most difficult challenge of all - pulling their teacher out of a small tunnel – luckily an instructor was on hand to help out Form 4! Well done all. Please click <u>here</u> for videos of their stay.



Maldon Court Preparatory School, Silver Street, Maldon Essex CM9 4QE Tel 01621 853529 email enquiries@maldoncourtschool.org Web maldoncourtschool.org **FORM 3** - Form 3 have been having some very grown up conversations this week about emotions. Our topic in PSHEE is all about how we deal with change in our lives and the different emotions we can feel during this change. The children have been so sensible when talking about sad topics and have had some lovely ideas also. This week we have made fortune tellers, this will help us to think about how we can cope with different emotions be it good or bad! The children came up with some great breathing, yoga or game strategies. Well done Form 3!

Form 3 have really enjoyed completing the different activities for our well-being week this week. On Monday, the children focused on positivity, where each child had to think about what makes them happy and feeling positive. On Tuesday, with Mrs Mason they created their very own Kindness calendars. The focus on Wednesday was healthy living where Mrs Dickinson kindly took Form 3 and 4 for a yoga session, which they all thoroughly enjoyed. Our favourite activity was completed on Thursday where each child created their very own family tree focusing on the importance of relationships. Lastly, to end the week we completed a range of growth mindset activities. All of Form 3 have really enjoyed this focus week. Well done!



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